



Covid-19 Safety Plan

Below is information regarding the steps we've taken to prepare for our re-opening of the studio, guidelines for coming back to dance, and rules for our students, dance families, staff, and instructors to follow so we can prevent the spread of Covid-19.

Facility Preparations for our Return

1. The Dance Creations Facility is thoroughly cleaned by a professional cleaning company bi-weekly and the staff and instructors are cleaning/sanitizing the dance studios and high traffic areas on a daily basis.
2. HEPA Air purifiers have been added to both dance studios to help purify the air.
3. Paper towel dispensers have been installed in both washrooms.
4. Sneeze guards have been added to the front reception desk.
5. Physical distancing posters and floor decals are posted in high traffic areas.
6. An Infrared thermometer was purchased for temperature checks.
7. Hand hygiene supplies are available and disinfectant wipes are located at the front door, the front reception, in both studios, and in our pro-shop.
8. The change rooms and waiting areas will be used at a reduced capacity.
 - a. Dance Creations has reconfigured the layout of common spaces like the kitchen, change rooms and waiting areas to support physical distancing
9. Studio floors have been marked and each dancer will be at least 6 feet apart.
10. Extra acro mats have been purchased to ensure each student has their own.
11. Hooks have been added to both studios in preparation for the colder weather.
12. In order to ensure contact tracing is efficient Dance Creations will be taking the name and temperature of every student that enters the studio.

Covid-19 Vaccine Passport Mandate - According to the Ministry of Health

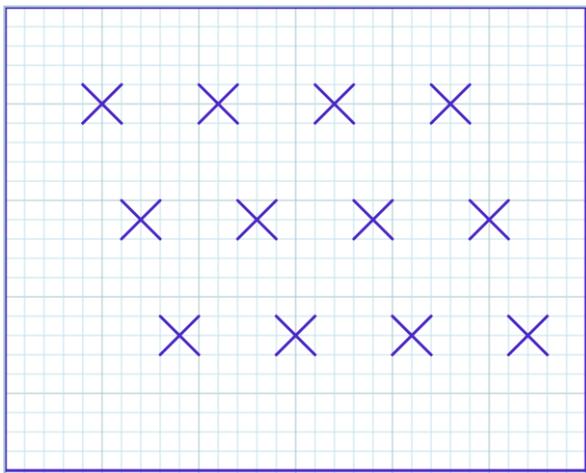
Patrons under 12 years of age who are entering an indoor facility used for sports and recreational fitness activities solely for the purpose of actively participating in an organized sport are exempt from providing proof of vaccination. Examples of an organized sport for which the exemption applies include: sports leagues, organized pick-up sports, dance classes, martial arts, and swimming classes.

Patrons over 12 years of age will be required to be fully vaccinated and show proof of vaccination when participating in indoor sports and recreational fitness activities including dance classes.

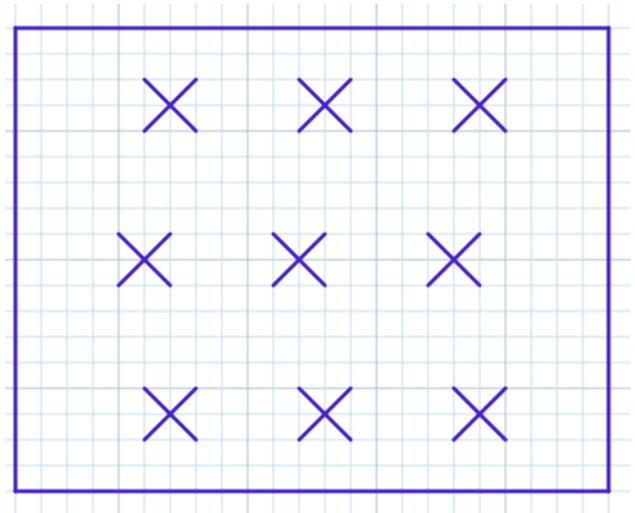
Dance Studio Layouts

The Dance Studios have been set up to accommodate social distancing to safely conduct our classes. Below are diagrams and brief descriptions for the different sections of the classes:

Studio 1 (downstairs)



Studio 2 (Upstairs)



Center-work will be 6 feet apart, each student will have a designated X to stand on (diagrams above)

Barre-work Ballet barres will be placed in line with the designated X's.

Across The Floor Students will line up on the floor markers which are 6 feet apart. One at a time, students will go across the floor diagonally. Those waiting for their turn will move to the next spot.

Pro-Shop Rules and Guidelines

To adhere to capacity limitations we recommend calling in advance to schedule an appointment in the pro-shop. Walk-ins are welcome if the pro-shop is not busy. The change rooms are closed until further notice and we ask that clothing and shoes are only tried on if it is necessary for sizing. We will accept exchanges and returns on unworn, unopened merchandise. The merchandise will be steamed/sprayed with a disinfectant and kept in an isolated area for 48 hours before returning to the shelves.

Rules and Procedures for attending in-studio classes

Before you arrive for class

1. Please take your child's temperature and complete the electronic Covid-19 screening questions before each day of classes within a 24-hour timeframe. If you answer YES to any of the screening questions, please stay home and attend the class virtually. Please note, we will not be crediting/refunding tuition for absences. Here is a list of the electronic screening questions to be answered:
 - a. Have you or anyone in your household traveled outside of Canada in the past 14 days and been asked to quarantine upon your return to Canada?
 - b. Are you currently awaiting COVID-19 test results?
 - c. Have you or any members of your household, knowingly been exposed to anyone diagnosed with COVID-19 within the past 10 days?
 - d. Has a doctor, health care provider, or public health unit told you that you should currently be isolating (staying at home)?
 - e. In the last 14 days, have you or anyone at home received a COVID exposure alert notification on your cell phone?
 - f. Do you or anyone in your household have any of the following symptoms?
 - A. Fever/ chills
 - B. New onset of cough or Worsening chronic cough
 - C. Shortness of breath
 - D. Sore throat/ Difficulty swallowing
 - E. Decrease/loss of sense of taste or smell
 - F. Headaches
 - G. Unexplained fatigue/malaise/muscle aches (myalgias)
 - H. Nausea/vomiting, Diarrhea, or abnormal abdominal pain
 - I. Runny nose or nasal congestion without other known cause
2. Please have your child come dressed in their dance attire and limit the number of items they bring with them. The change rooms will remain closed until further notice.
3. The kitchenette will remain closed. Please pack a filled reusable water bottle for class and do not bring any snacks.
4. Following the York Region Mandatory Mask By-law please make sure to pack your mask. Disposable masks will be available for anyone who forgets to bring theirs.
5. Please encourage your child to use the washroom at home before coming to dance.
 - a. For the younger students: if dance attire restricts your child from using the washroom at the studio without help, please dress them in fitted clothing that's easier for them to manage.
 - i. If your child needs help with using the washroom regardless of attire, we ask that the parent remains in the parking lot so they can be notified to come in and help their child.
 - ii. If you cannot be reached and it is an emergency, an instructor, class assistant, or staff member will help your child use the washroom.

Once you arrive at the facility

1. Please arrive at least 5 minutes early for your class.
2. Students will need to line up outside and use the signs posted on our windows for reference on maintaining 6 feet of distance between you and others around you.
3. Please come prepared, everyone over the age of 2 will need a mask when entering the facility according to the York Region Mandatory By-law.
4. Students will come in one at a time. One parent is welcome to come in with their child and will need to wear a mask at all times.
5. Everyone will be required to use hand sanitizer upon entering the studio. Hand sanitizer will be provided and available for use at the front door, in both studios, and at the exit.
6. Once inside the facility, please approach the front reception desk, and our staff will be ready to greet you. Students coming into the facility will be given a temperature check using an infrared touchless thermometer. If the child has a fever of 38.00 C or greater they will not be allowed to enter the studio and asked to go home. Please note, if a child has a temperature warmer than 37.4 degrees Celsius, they will be asked to wait a couple of minutes and their temperature will be taken again to see if it's going up or down, we will repeat this process to be cautious and to prevent students who could be at the early stages of a fever from coming into the facility. If the child's temperature does not decrease we will ask parents to pick up their child and the student can follow along with the class from home virtually/be sent a link to complete the class at their convenience.
7. Parents will be asked to complete our Covid-19 Screening form electronically every time their child(ren) comes to dance.
8. Attendance will be recorded before entering the studio to ensure every student entering the facility is accounted for.
9. Students will be provided with a bin to use for their personal belongings during class/they can bring their own bin/bag from home.
10. Students will be brought into the studio and shown to their spot for the class. Parents can walk their child into the studio if they choose and will need to exit the facility once their child has found their spot.
11. We ask that all students wait until they've found their spot in the studio before adding their masks to their bin.
12. All students must remain 2-metres apart and maximum in-studio class sizes are as follows:
 - a. Recreational Classes: 7 students in the upstairs studio and 9 students in the downstairs studio.
 - b. Competitive Classes: 9 students in the upstairs studio and 12 students in the downstairs studio
13. We will do our best to work efficiently as the following procedures of entering into the facility will count towards class time. Following guidelines in the previous section "Before you arrive for class" will also help to speed up this process.

Once in the studio

1. Students can wear their masks for class; however, this is optional.
2. Instructors are asked to keep their masks on during classes.
3. Students will be reminded to stay 6 feet apart for the entire class.

4. Water breaks will be given throughout the class, please come prepared with a filled reusable water bottle.
5. Instructors will provide verbal corrections. The option for hands-on corrections and spotting will be allowed for families who are comfortable with this.
6. Students will be reminded to wash their hands/use hand sanitizer after sneezing, coughing, or using the washroom.
7. Washrooms will be cleaned regularly, please encourage your child to use the washroom at home before coming to dance.
8. At the end of the class, each student will be asked to use hand sanitizer before returning any borrowed bins to the staff member at the front desk and leaving the studio.

Leaving the facility

1. Students are asked to take their personal belongings and return any borrowed bins to the front reception for them to be sanitized for the next class.
2. Anyone exiting the facility will be asked to take their shoes and exit through the pro-shop to avoid congestion at the entrance. If a parent would like to pick up their child from inside the studio, please line up outside the facility 5 minutes before the end of class. We ask that parents pick up their children on time as our waiting area will only be open to students waiting for their next class to start. The final class of the day will exit through the front entrance.
3. After each class, a window of time will be scheduled for cleaning and sanitization of the dance studios and high traffic areas before the next class begins. This will include dance floors, ballet barres, dance mats, door handles, light switches, washrooms, and bins. Please note, if the next class consists of the same students no cleaning except for ballet barres and mats if used will occur.

Student Behaviour and Expectations

Parents are asked to go over the following rules with their children before their first in-studio dance class. If your child cannot follow the proper procedures, we suggest enrolling in virtual classes instead.

1. All students must physically distance themselves from other students, staff, and instructors at all times. There can be no hugging, handshaking, personal contact, or sharing of personal belongings.
2. Students must properly wash their hands/use hand sanitizing after sneezing, coughing, or using the washroom. As well as at the end of class.

Expectations for our Staff and Instructors

1. All staff members and instructors will be trained on the protocols and guidelines put in place before their first shift. Any changes will be communicated.
2. All staff members and instructors will be asked to check their temperature at home and complete the electronic Covid-19 screening questions before each day of classes within a 24-hour timeframe. If they are unwell, they are asked to contact the director or office manager and must stay home.
3. All staff members and instructors will be required to wear face masks in the facility.

4. Instructors will modify their lesson plans and only give hands-on corrections including spotting if permission has been granted by the family. Verbal corrections will be given instead.
5. Instructors will modify choreography to accommodate physical distancing.
6. In case of an injury, a staff member or instructor will be available to assist the student. If Physical distancing cannot be maintained, the staff member or instructor will sanitize their hands, and proceed to assist the child. If a student requires an ice pack, a staff member or instructor will get it for them.
7. Throughout the day, all staff and instructors will be responsible for cleaning and sanitizing the studios, front reception area, personal belonging bins, ballet barres, and dance mats, washrooms, light switches, and door handles.
8. The Ministry of Labour, Training, and Skills Development will be notified within four days if the transmission in the workplace has been identified. (i.e. two or more confirmed classes have been identified at Dance Creations)

Self Isolation & Testing:

1. Dance Creations asks that all staff and instructors STAY HOME if feeling ill and get tested at their local assessment centre for COVID-19 if they are feeling ill with any symptoms of COVID-19. If you are getting tested, please contact the studio owner and follow up with the results.
2. Any staff confirmed as a positive case will be asked to self-isolate at home.
3. We will contact any staff member who is a close contact (less than 2 meters for more than 10 minutes). We advise that any staff that is classified as a close contact self-isolate for 14 days and get tested immediately.

Outside of the studio Safety:

1. To help curve the spread of COVID-19, here is some information on how to protect yourself from the spread of COVID-19:
 - a. Avoid crowds or congregate areas at off-work hours
 - b. We encourage the use of a face covering or non-medical mask is mandatory in public spaces (e.g., public transit, taxi, and ride-hailing, and carpooling)

Protocols for everyone associated with Dance Creations:

As a courtesy to the Dance Creations community, we ask anyone who has been in contact with someone who has tested positive for Covid-19 and must self-isolate while awaiting their results to please notify the Dance Creations community. We will be sensitive to your privacy and you will remain anonymous.

If the above situation occurs, we will take the following steps to help stop any possible spread.

1. All individuals who may have been affected will be immediately contacted via phone and/or email and kept up-to-date once the results have been confirmed.
2. Anyone who is notified may continue, however are encouraged to self-monitor for any symptoms.

If you receive a positive COVID-19 result:

As a courtesy to the Dance Creations community, we ask anyone who is going for a COVID-19 test or is COVID-19 positive to please notify the studio. We will be sensitive to your privacy and you will remain anonymous.

If the above situation occurs, we will take the following steps to help stop any possible spread.

1. All individuals who may have been affected will be immediately contacted via phone and/or email and strongly encouraged to contact York Region Public Health at 1-800-361-5653 or a COVID-19 assessment centre.
2. The Dance Creations facility will be temporarily closed, and a professional cleaning company will perform a deep clean and disinfection of the entire facility. All classes will temporarily switch to online while the studio is closed/make-up classes will be scheduled.
3. All staff and instructors will be asked to get tested before returning to work.
4. Anyone who receives a positive COVID-19 result must self-isolate for 14 days and be symptom-free before returning to the studio.



We look forward to welcoming you back to the studio!

If you have any questions or concerns regarding our Covid-19 Safety Plan, please email us at dancecreationsfrontdesk@gmail.com