



Covid-19 Safety Plan

Below is information regarding the steps we're taking to prepare for our re-opening of the studio, guidelines for coming back to dance, and rules for our students, dance families, staff, and instructors to follow so we can prevent the spread of Covid-19.

Facility Preparations for our Return

1. The Dance Creations Facility will be thoroughly cleaned by a professional cleaning company in preparation for our return.
2. HEPA Air purifiers have been added to the dance studio.
3. Paper towel dispensers have been installed in both washrooms.
4. Sneeze guards have been added to the front reception desk.
5. Physical distancing posters and floor decals are posted in high traffic areas.
6. An Infrared thermometer purchased for temperature checks.
7. Hand Sanitizer stations located at the front door, at the front reception, in both studios and in our pro-shop.
8. The Change rooms, upstairs, and waiting areas will be closed until further notice.
9. Floors will be gridded out with 6ft X 6ft boxes so each dancer will have their designated dance space.
10. Extra acro mats have been purchased and each student will have their own mat during class.

Rules and Procedures for attending in-studio classes

Before you arrive for class

1. Please take your child's temperature and assess how they're feeling before leaving home. If your child is unwell, has a fever, any covid-19 or flu-like symptoms please stay home. The classes will be available to stream online from home. Please note, we will not be crediting or refunding tuition for absences.

COVID-19 SYMPTOMS



Fever



Cough



Difficulty breathing



Sore throat,
trouble swallowing



Runny nose



Loss of taste or
smell



Not feeling well



Nausea, vomiting,
diarrhea

2. The changerooms will remain closed. Please have your child come dressed in their dance attire and limit the amount of items they bring with them.
3. The kitchenette will remain closed. Please pack a filled reusable water bottle for class and do not bring any snacks.
4. In accordance with the York Region Mandatory Mask By-law please make sure to pack your mask. Disposable masks will be available for \$2.00 each for anyone who forgets to bring theirs.
5. Please encourage your child to use the washroom at home before coming to dance.
 - a. For the younger students: if dance attire restricts your child from using the washroom at the studio without help, please dress them in fitted clothing that's easier for them to manage.
 - i. If your child needs help with using the washroom regardless of attire, we ask that the parent remains in the parking lot so they can be notified to come in and help their child.

Once you arrive at the facility

1. Please arrive at least 5 minutes early for your class.
2. Students will need to line up outside and use the signs posted on our windows for reference on maintaining 6 feet of distance between you and others around you.
3. Please come prepared, everyone over the age of 5 will need a mask when entering the facility according to the York Region Mandatory By-law.
4. Students will come in one at a time and the front door handle will be sanitized after each entry. One parent is welcome to come in with their child and will need to wear a mask at all times.
5. Everyone will be required to use hand sanitizer upon entering the studio. Hand sanitizer will be provided and available for use at the front door and in both studios.
6. Once inside the facility, please approach the front reception desk which will be protected by a plexiglass barrier, and our staff will be ready to greet you. Students and parents coming into the facility will be given a temperature check using an infrared touchless thermometer. If the child or parent has a fever of 38.00 C or greater both individuals will not be allowed to enter the studio and asked to go home.
7. Both the student and parent will be asked the following screening questions before entering the studio:
 - A. Have you or anyone in your household travelled outside of Canada in the past 14 days?
 - B. Have you or anyone in your household tested positive for COVID-19 or had close contact with a confirmed case of COVID-19 without wearing appropriate PPE?
 - C. Do you or anyone in your household have any of the following symptoms?

<ol style="list-style-type: none">a. Feverb. New onset of coughc. Worsening chronic coughd. Shortness of breathe. Difficulty breathingf. Sore throatg. Difficulty swallowingh. Decrease/loss of sense of taste or smelli. Chillsj. Headaches	<ol style="list-style-type: none">k. Unexplained fatigue/malaise/muscle aches (myalgias)l. Nausea/vomitingm. Diarrhean. abdominal paino. Pink eye (conjunctivitis)p. Runny nose or nasal congestion without other known cause
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Individuals who answer YES to any of the questions will not be permitted inside the studio and will be sent home to seek assessment and further testing.

8. Attendance will be recorded before entering the studio to ensure every student entering the facility is accounted for.
9. Students will be provided with a bin to use for their personal belongings during class/they can bring their own bin from home.
10. Students will be brought into the studio and shown to their spot for class. Parents can walk their child into the studio if they choose and will need to exit the facility once their child has found their spot.
11. We ask that all students wait until they've found their spot in the studio before adding their mask to their bin.
12. Classes sizes will be limited to 6 students and class times will be staggered to reduce the amount of interaction at the studio.
13. We will do our best to work efficiently as the following procedures of entering into the facility will count towards class time. Following guidelines in the previous section "Before you arrive for class" will also help to speed up this process.

Once in the studio

1. Students will not be required to wear their masks while dancing.
2. Students will be reminded to stay 6 feet apart for the entire class.
3. Water breaks will be given throughout the class, please come prepared with a filled reusable water bottle.
4. Instructors will refrain from hands-on corrections including spotting, and will give verbal corrections instead.
5. Students will be reminded to wash their hands for 20 seconds immediately after sneezing, coughing or using the washroom.
6. Washrooms will be cleaned after each use, please encourage your child to use the washroom at home before coming to dance.
7. At the end of the class, each student will be asked to wash their hands for 20 seconds before returning borrowed bins to the staff member at the front desk and leaving the studio.

Leaving the facility

1. Students are asked to take their personal belongings and return borrowed bins to the front reception for it to be sanitized for the next class.
2. Anyone exiting the facility will be asked to go through the pro-shop to avoid congestion at the entrance. If a parent would like to pick up their child from inside the studio, please line up outside the facility 5-10 minutes before the end of class. We ask that parents pick up their children on time as our waiting area will remain closed and the facility needs to be cleaned before the next class arrives.
3. After each class, a window of time will be scheduled for cleaning and sanitization of the dance studios and high traffic areas before the next class begins. This will include dance floors, ballet barres, dance mats, door handles, light switches, washrooms and bins.

Student Behaviour and Expectations

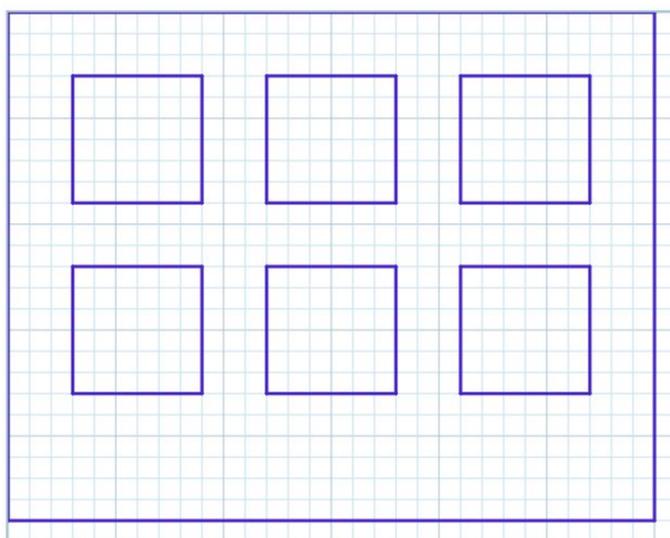
Parents are asked to go over the following rules with their child prior to their first in-studio dance class. If your child cannot follow the proper procedures they will be unable to participate in in-studio classes.

1. All students must physical distance themselves from other students, staff and instructors at all times.
2. There can be no hugging, handshaking, personal contact or sharing of personal belongings.
3. Students must properly wash their hands after sneezing, coughing or using the washroom. As well as at the end of class.
4. Students must not use the upstairs, change rooms or waiting room as they are closed at this time.

Expectations for our Staff and Instructors

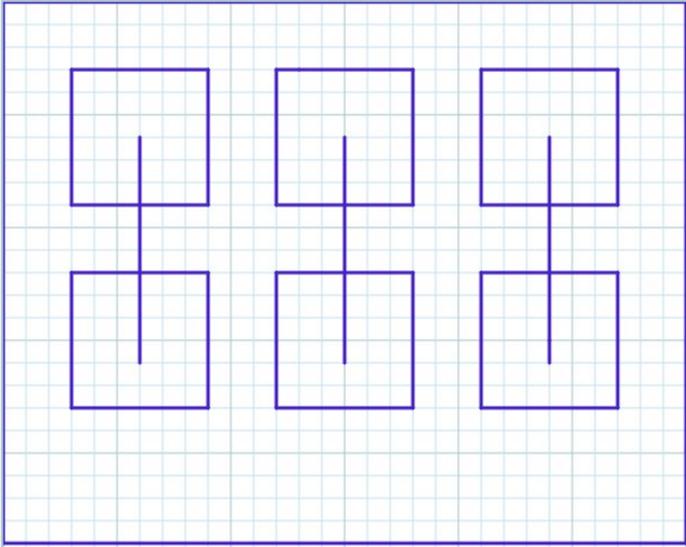
1. All staff members and instructors will be trained on the protocols and guidelines put in place before their first shift. Any changes will be communicated.
2. All staff members and instructors will be asked to check their temperature at home and assess how they are feeling before coming to the dance studio. If they are unwell, they are asked to contact the director or office manager and must stay home.
3. Upon arriving at the facility all staff members and instructors will be asked the same screening questions as listed above. Any individuals who answer yes to any of the questions will not be permitted into the studio and asked to go home.
4. All staff will be required to wear face masks in the facility.
5. Instructors will modify their lesson plans and refrain from hands-on corrections including spotting. Verbal corrections will be given instead.
6. Instructors will modify recital choreography to accommodate physical distancing.
7. Instructors will use the following studio layouts in order to incorporate center-work, barre-work, and across the floor exercises:

Center-work



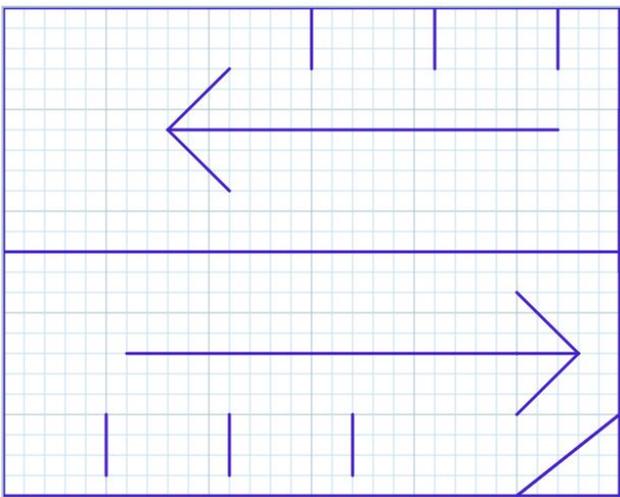
Center-work will happen in a 6ft X 6ft taped square (one for each student). There will be at least a 3 foot perimeter around the room for the instructor to walk around and 3 feet between each square to accommodate physical distancing.

Barre-Work



Portable barres will be placed between two 6ft X 6ft taped squares. The barre will have markers on it to remind students to stay in their designated spot during barre work.

Across The Floor



Students will line up on the markers 6 ft apart (a maximum of three students on each side of the room). Each student will go across the floor one at a time and line up on the same side once they've finished. The instructor will remain in the center of the room.

8. In case of an injury, a staff member or instructor will be available to assist the student. If Physical distancing cannot be maintained, the staff member or instructor will sanitize their hands, put on gloves, and proceed to assist the child. If a student requires an ice pack, a staff member or instructor will get it for them. The ice pack will be placed in an unused ziplock bag.
9. In between classes all staff and instructors will need to wash their hands for 20 seconds.
10. In between classes all staff and instructors will be responsible for cleaning and sanitizing the studios, front reception area, personal belonging bins, ballet barres (if used), dance mats (if used), washrooms, light switches and door handles before the next group of students arrives for their class.

In the event of a Covid-19 outbreak

In an event that our staff, instructors or students experience exposure to COVID-19 or there is an outbreak in our facility, we will follow the procedures listed below:

1. All individuals who may have been affected will be immediately contacted via email and/or phone and strongly encouraged to contact York Region Public Health at 1-800-361-5653 or a COVID-19 assessment centre.
2. York Region Public Health will be notified immediately.
3. Our facility will be temporarily closed and a professional cleaning company will perform a deep clean and disinfection of the entire facility.
4. All individuals who have been exposed will be asked to self-quarantine for 14 days or get tested before returning to the studio.
5. Classes will temporarily switch to online while the studio is closed/make-up classes will be scheduled.

We look forward to a safe reopening of the studio!

If you have any questions or concerns regarding our Covid-19 Safety Plan, please email us at info@dance-creations.ca

